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Vintage'd Bangles

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Supplies:

- Gluefoil™, Streuter Technologies, streuter.com
- Flat Exterior Bangles, DIY Bangles, diybangles.com
- Cuttlebug™, Dies, Provo Craft, provocraft.com
- Grungeboard™ Minis and Plain, Tim Holtz™ Idea-ology, timholtzonline.com
- Adirondack® Acrylic Paint Dabbers or Adirondack® Alcohol Inks, Ranger Industries, rangerink.com
- Niji Waterbrush, Yasutomo™, Yasutomo.com
- Craft Iron, Clover, clover-usa.com
- Fine grit sandpaper
- Embossing Stylus, Fiskars, fiskars.com
- High Gloss Acrylic Varnish, Liquitex, liquitex.com
- Paintbrush
- Glue Stick
- Towel

Directions:

1. Choose design for bangle; most of the samples created were with the 1" flat exterior bangle, but any size can be used. Determine ahead of time spacing for the images, especially if creating a design that will vary (for example, hearts alternating up and down-you don't want the last heart next to the first both going in the same direction!).
2. Either punch out pre-cut Grungeboard Mini Letters or Shapes or die cut blank Grungeboard with Cuttlebug dies and machine.
3. Use Glue Stick to adhere the pieces to the bangle. Be patient, making sure that the piece is in the proper place, as you are gluing on a curve.
4. Cut a strip of aluminum or copper Gluefoil 1" (inch) in width. Measure the circumference of the bangle and cut the length to just over that measurement.
5. Turn on Craft Iron to medium to hot setting.
6. Line up strip of Gluefoil to bangle; try to make sure it is centered on the bangle. Either press iron to the foil which is against the bangle or lean the bangle up against the hot iron plate. You want to get a small piece centered and properly adhered to the bangle, as this will allow the rest of the Gluefoil to more easily glue down properly.
7. Continue to line up foil against bangle and heat foil to activate the glue. Allow glue to cool before moving to another area. Just worry about the glue sticking to the raised Grungeboard pieces to start.
8. When you get to where the foil was initially glued down, make sure both pieces are as close to being even as possible. Trim so that the ends of the Gluefoil are butted up or very slightly overlapping. Allow to cool for a minute.
9. Run finger around the raised Grungeboard pieces so that the basic outline of the shape can be seen through the GlueFoil.
10. Carefully burnish around each shape; be careful not to slip and mark the Grungeboard; if you do, no worries. Just rub side of the stylus tool over the mark and it will basically "self-heal"!
11. With stylus, create lines, cross hatch marks or squiggles on the "low areas" of the Gluefoil, followed by pressing the Craft Iron against these flat areas, especially along the edges, which will allow the rest of the glue on the back of the Gluefoil to melt and adhere to the bangle.
12. Use a medium, followed by a fine, grit sandpaper to sand along the edges of the Gluefoil; do this in a downward motion to push the edge of the foil into the side of the bangle. Feel along with your finger to make sure it is smooth. This will ensure that the foil is completely adhered to the bangle and will not catch and pull up.
13. Paint sides and inside of bangle with chosen color of paint; 1-2 coats is fine.
14. For a totally distressed effect, cover the Gluefoil bangle side with black or brown paint. Let dry for a few minutes, and then wipe off with damp towel or cloth. Remove as much paint as needed for desired effect.
15. For a more colorful look, ink entire area with Alcohol Inks squeezed onto Ink Blending Tool and Foam (there won't be lint left on surface when using the foam) and tap onto the foil. Let dry.
16. To create an opaque, painted effect, use Waterbrush and paint to paint the images and background. When dry, lightly sand areas so the metal will show through.
17. For all of the above techniques, finish by painting all surfaces with Acrylic Varnish. Two layers of varnish create a higher gloss effect.